

काठमाडौं महानगरपालिका  
स्थानीय स्वास्थ्य सेवा, मेडिकल ल्याब टेक्नोलोजी, पाचौं तह, ल्याब टेक्निसियन पद  
प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

यस पाठ्यक्रम योजनालाई दुई चरणमा विभाजन गरिएको छः

प्रथम चरण:-	लिखित परीक्षा ( Written Examination)	पूर्णाङ्क: १००
द्वितीय चरण:-	अन्तर्वार्ता (Interview)	पूर्णाङ्क: ३०

**परीक्षा योजना (Examination Scheme)**

प्रथम चरण: लिखित परीक्षा (Written Examination)

पूर्णाङ्क: १००

पत्र	विषय	पूर्णाङ्क	उतिर्णाङ्क	परीक्षा प्रणाली		प्रश्न संख्या* अङ्क	समय
प्रथम	सेवा सम्बन्धी कार्य ज्ञान (Job related functional knowledge)	१००	४०	वस्तुगत (Objective)	बहुवैकल्पिक प्रश्न (MCQs)	५० प्रश्न * २ अङ्क	४५ मिनेट

द्वितीय चरण: अन्तर्वार्ता (Interview)

पूर्णाङ्क: ३०

विषय	पूर्णाङ्क	उतिर्णाङ्क	परीक्षा	समय
अन्तर्वार्ता (Interview)	३०		अन्तर्वार्ता (Interview)	

प्रथम चरण: लिखित परीक्षा सेवा सम्बन्धी कार्य ज्ञान (Job related functional knowledge) को पाठ्यक्रमको एकाइबाट परीक्षामा यथासम्भव देहाय बमोजिम प्रश्नहरू सोधिने छ।

पाठ्यक्रम एकाइ	१	२	३	४	५
प्रश्न संख्या	१२	१४	१२	६	६

**भाग (Part I):-**

**सेवा सम्बन्धी कार्य-ज्ञान (Job related functional knowledge)**

(५० प्रश्न\*२ अङ्क = १०० अङ्क)

**1. Hematology**

- 1.1 Cleaning of glassware and safety precaution in the laboratory
- 1.2 Collection and preservation of different samples for the laboratory
- 1.3 Preparation of chemicals and different stains for the Hematological tests
- 1.4 Quality control in the laboratory
- 1.5 Formation and development of Erythrocytes, Leucocytes, thrombocytes
- 1.6 Principle and clinical procedure for:
  - 1.6.1 Hemoglobin estimation and it's standard curve calibration
  - 1.6.2 Total count of W.B.C., R.B.C., Platelets and reticulocytes
  - 1.6.3 E.S.R., B.T., C.T., and RBC indices
  - 1.6.4 Coomb's tests
  - 1.6.5 Blood banking & Transfusion
  - 1.6.6 Coagulation profile (mechanism, disorder & investigations)

## **2. Microbiology**

### **2.1 Bacteriology**

- 2.1.1 Classification of medically important bacteria
- 2.1.2 Characteristics of Microorganism: Prokaryotes, Eukaryotes, Viruses
- 2.1.3 Different methods of sterilization and disinfections
- 2.1.4 Preparation of different media and ingredients uses and interpretation
- 2.1.5 Preparation of chemicals and stains
- 2.1.6 Cultural procedure of different samples aerobically
- 2.1.7 Identification of bacteria and confirmative tests serologically and bio-chemically
- 2.1.8 Different staining methods of bacteria and their principles
- 2.1.9 T.B. Bacteriology and skin scraping for A.F.B
- 2.1.10 Quality control in Bacteriology Laboratory
- 2.1.11 The universal precaution in microbiology laboratory and safe west disposal of infected

materials

### **2.2 Virology**

- 2.2.1 General properties of virus comparing with bacteria, terminology used in virology and basic laboratory procedure used in the diagnosis of viral disease

### **2.3 Parasitology**

- 2.3.1 Classification of medically important:
  - 2.3.1.1 Protozoal parasite
  - 2.3.1.2 Helminthic parasites
  - 2.3.1.3 blood parasites
  - 2.3.1.4 Semen analysis
- 2.3.2 Methods of identification of different parasites from stool samples by:
  - 2.3.2.1 Wet preparation
  - 2.3.2.2 Concentration methods
  - 2.3.2.3 Cultural methods
- 2.3.3 Method of identification of blood parasites
- 2.3.4 Routine Examination and special test in Urine

### **2.4 Mycology**

- 2.4.1 Terminologies used in mycology sample collection for fungal infection (skin scarping, nails and hair) and method of wet preparation

### **2.5 Immunology**

- 2.5.1 Principle and procedure for the estimation of:
  - 2.5.1.1 V.D.R.L., (RPR); A.S.O.; C.R.P.; Rheumatoid factor
  - 2.5.1.2 ELISA Test
  - 2.5.1.3 Blood Grouping

## **3. Biochemistry**

### **3.1 Define of mol. wt and eq. wt**

### **3.2 Preparation of normal and molar solution**

### **3.3 Colorimeter/spectrophotometer**

### **3.4 Principle and procedure of different methods for the estimation of biochemical tests**

- 3.4.1 Sugar, Urea, Creatinine, Uric Acid, LFT Amylase
- 3.4.2 Cavity fluids examination
- 3.4.3 C.S.F examination
- 3.4.4 24 hours Urine Protein

### **3.5 Simple theory of lights waves, function of filters Beers and Lamberts law, absorbance and percent transmission**

### **3.6 The lab hazards and precautions to be taken while working in clinical Biochemistry lab**

**4.3 The structure and functions of alimentary canal, digestive system, circulatory system, urinary system & respiratory system**

**5. Histology/Cytology**

**5.1 Different types of fixatives and their uses**

**5.2 Methods of decalcification**

**5.3 Methods of processing of tissues to prepare paraffin block tissue**

**5.4 Methods of cutting section from the paraffin block tissue and staining procedure**